

SALUD! WHOLE FOODS COOKING SCHOOL ~ ALPHARETTA

Whether you're new to the kitchen, want to sharpen your culinary skills or just want to have a fun night out with your spouse or friends, we have the cooking class for you at our Salud! Cooking School. Join us for demonstration and hands-on cooking and wine classes, led by our own in-store instructors as well as some of Georgia's most exciting chefs, artisans and authors. Our instructional kitchen offers affordable, recreational culinary education for all ages. Coordinator: **Shannon Marsh, Salud Cooking School Specialist.**



FEATURING IN AUGUST-2016...



HEALTHY LATIN FLAVORS WITH FUEGOMUNDO

HANDS-ON \$59, w/ Chef Masha Hleap

Featuring delicious foods from South America, Central America, and Spain, FuegoMundo is a unique restaurant in the Sandy Springs neighborhood. Serving up plentiful options for meat-lovers, vegetarians, vegans, and gluten-free diners, FuegoMundo is known for big, bold flavors and their exhibition wood-fired grill. Executive Chef and owner Masha Hleap make a special appearance tonight and teaches students how to put together a health-inspired and delicious Latin menu. (*Menu is dairy-free, gluten-free, and kosher & vegan-friendly) **ON THE MENU:** Colombian Ceviche w/ plantain chips (vegan version = hearts of palm for fish); Argentinean Grilled Chicken Breast Skewers w/ onions, peppers & chimichurri (vegan version = veggie skewers w/ Brussels sprouts); Yucca-Mash; Baked Ripe Sweet Plantains; Vegan Organic Dark Chocolate Mouse (using fresh avocados) with fresh organic berries. **Wednesday, August 03, 2016 6:00 PM – 9:00 PM**

TO REGISTER: <http://www.wholefoodsmarket.com/service/salud-cooking-school-4>